

**Coastal Behavioral Healthcare, Inc.
Take Charge Project
Sarasota, Florida
TI14560**

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B&D ID

31302

PROJECT DESCRIPTION

Expansion or Enhancement Grant—Expansion and enhancement

Program Area Affiliation—Reducing Disparities

Congressional District and Congressperson—Florida 13; Katherine Harris

Public Health Region—IV

Purpose, Goals, and Objectives—The Take Charge project will improve substance abuse (SA) treatment outcomes, improve health outcomes for HIV positive clients, and improve risk reduction so that clients will be less likely to become infected or to infect another (abstract). The project will increase the physical and mental health of clients receiving services, increase personal self-sufficiency, reduce drug and alcohol use, effectively treat substance abuse, and reduce HIV risk behaviors (page 6).

Target Population—Services will target African American and Hispanic men, as well as African American and Hispanic adolescents (either gender). (abstract)

Geographic Service Area—Sarasota County, Florida. (cover)

Drugs Addressed—Alcohol and other drugs. (abstract)

Theoretical Model—The Take Charge project will integrate HIV and substance abuse services by using a bi-directional model of referral and care. From the street outreach component, new personnel will move at-risk individuals into HIV testing services, SA treatment, and, for those newly diagnosed HIV positive clients, into intensive HIV case management. From the existing case management client roster, the Community AIDS Network (CAN) will link outpatient treatment and medical tracking to client care plans. Clients enrolled at Coastal Behavioral Health Care (CBH) for SA treatment will be offered HIV testing services and referred for intensive case management services if tested HIV positive. (page 7)

Type of Applicant—Not-for-profit (private) (cover)

SERVICE PROVIDER STRUCTURE

Service Organizational Structure—Three Sarasota community-based agencies will collaborate to create a client-centered program that delivers a continuum of HIV and substance abuse rehabilitative services, each tailored to meet an individual's needs (page 6). Coastal Behavioral Healthcare, Inc. (CBH,) founded in 1971 and incorporated in 1973, is a 501(c)(3) not-for-profit corporation providing mental health, substance abuse, and criminal justice prevention, intervention, and treatment services for adults and children in Sarasota, Manatee, DeSoto, Charlotte, and Lee counties in Florida (page 16). Community AIDS Network, Inc. (CAN) is a not-for-profit 501(c)(3) organization based in Sarasota County, serving people infected with HIV/AIDS. CAN emerged in 1991 from the union of Sarasota AIDS Support and the Comprehensive Care Clinic (page 19). Project Challenge of the West Coast, Inc. is a minority community-based not-for-profit 501(c)(3) agency located in the north Sarasota community. Project Challenge started in 1994 as a grass roots community based organization. (page 21)

Service Providers—(Stated in the previous paragraph)

Services Provided—The services to be provided under the auspices of Take Charge are (1) individual outreach, (2) HIV testing at outreach, (3) SA treatment, and (4) intensive case management. (page 11)

Service Setting—Outpatient clinics. (page 7)

Number of Persons Served—Each year, (1) 1,248 persons will receive one-on-one risk reduction education through street outreach, (2) 624 persons will receive HIV antibody tests and 32 persons will be diagnosed HIV positive, (3) 100 percent of those will be referred for intensive case management, (4) 115 substance abusers (HIV positive and HIV negative) will receive group and individual level outpatient therapy lasting 9 weeks at CBH, (5) 80 percent of these enrolled clients will complete the outpatient treatment program, (6) 100 percent of existing HIV positive clients will be screened to determine substance use history and 120 of these HIV positive clients will be transferred to intensive case management for enhanced services. (abstract)

Desired Project Outputs—As a result of the above-stated services, (1) clients completing SA outpatient treatment will report a 60 percent decrease in alcohol use, a 50 percent decrease in other drug use, and a 70 percent decrease in income from illegal activities; (2) 90 percent of HIV positive clients receiving intensive case management will comply with doctor, laboratory, and case management appointments and will report understanding the goals of antiretroviral treatment; (3) of those HIV positive patients initiating or continuing antiretroviral medications, 70 percent will report treatment adherence of better than 90 percent; and (4) 40 percent of HIV positive clients receiving intensive case management will report an increase in condom use with sexual partners. (abstract)

Consumer Involvement—There are no references in the application regarding consumer involvement in the treatment process.

EVALUATION

Strategy and Design—The evaluation section of this application consists of non-specific general statements of intentions. For instance: The project intends to gather the data necessary to complete an effective evaluation. An interview schedule will be developed and tested to rate program effectiveness based on the outcomes projected by the Take Charge project. The interview schedule will include both qualitative and quantitative data collection tools. Multiple cross-section polls will be given, creating a longitudinal design to test reliability and validity while capturing client-level data throughout a specific section of the program. Eighty percent of all baseline clients of the participating programs will complete this schedule at least two times.

No detailed descriptions of planned evaluation activities are provided in this application. (page 15)

Evaluation Goals/Desired Results—There are no specific evaluation goal statements in the application. The following was not presented as an evaluation goal statement, but apparently as a measure of an effective client treatment: The (above-stated) interview schedule will strive to rate effectiveness by four values: (1) completion of 9-week outpatient treatment program, (2)

decrease in episodes of AOD use, (3) improved adherence to antiretroviral medicines, and (4) decrease in unprotected sexual encounters.

Evaluation Questions and Variables—There are no evaluation questions in the application.

Instruments and Data Management—No reference is made in the application to specific data collection instruments or data management strategies.